

refreshPEP

Maintaining your Efficiency and Effectiveness

RefreshPEP is a program designed to help previous PEP participants review and revitalise their PEP practices. During the day each participant receives two classroom sessions and two coaching sessions plus the time to re-PEP their work environment. If the PEP graduates have not attended the one-day ePEP module they can enhance their PEP skills by also incorporating ePEP content into the day.

RefreshPEP Overview

9.00 - 10.00 Training Room	During the morning training session we review the three elements of efficiency - workspace organisation, work flow and work habits
10.00 - 12.00 Coaching at the desk	Back at the desk, participants take action on those areas where they wish to make some changes
1.00 - 2.00 Training Room	During the afternoon training session we review the five elements of effectiveness - priority setting, clarity of end result, strength of beliefs, planning and persistence
2.00 - 4.45 Coaching at the desk	Back at the desk, participants take action on those areas where they wish to make some changes
4.45 - 5.00 Training Room End of day review	We finish the day with a celebration of successes and a commitment to future action

Create the conditions to allow you to work best

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Web: www.pepworldwide.com.au/pep-worldwide/about-us/

The Details

Audience

All participants **must** have attended a PEP program in the past.

Group Size

Up to 6 participants.

Duration

One Day.

Delivery Modes

RefreshPEP can be delivered in two different modes:

- Traditional face-to-face mode
- Social distancing face-to-face mode

Want to know more?

To discuss or book a teamPEP Program, please contact:

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Our programs can be procured through the procurement processes that suit you best, including through a range of Panel Agreements.